

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**

WG Cereal	30g
Graham Cracker	11g
Fresh Fruit	25g

**5**

Donut	23g
Applesauce	17g
Fruit Juice	20g

**6**

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

**7**

WG Cereal Bar	30g
Graham Cracker	11g
Fresh Fruit	25g

**1**

WG Waffles	30g
Applesauce	17g
Fruit Juice	20g

**8**

WG Pancakes	30g
Go-Gurt	8g
Applesauce	17g
Fruit Juice	20g

**11**

WG Cereal	30g
Graham Cracker	11g
Fresh Fruit	25g

**12**

Donut	23g
Applesauce	17g
Fruit Juice	20g

**13**

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

**14**

Pop-Tart	36g
Graham Cracker	11g
Fresh Fruit	25g

**15**

WG Waffles	30g
Applesauce	17g
Fruit Juice	20g

**18**

WG Cereal	30g
Graham Cracker	11g
Fresh Fruit	25g

**19**

Donut	23g
Applesauce	17g
Fruit Juice	20g

**20**

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

**21**

WG Cereal Bar	30g
Graham Cracker	11g
Fresh Fruit	25g

**22**

WG Pancakes	30g
Go-Gurt	8g
Applesauce	17g
Fruit Juice	20g



**26**

Donut	23g
Applesauce	17g
Fruit Juice	20g

**27**

WG Muffin	30g
Cheez-it	14g
Fresh Fruit	25g

**LAST DAY OF SCHOOL 28**

Pop-Tart	36g
Graham Cracker	11g
Fresh Fruit	25g



Carb grams indicated in **ORANGE**  
**HALAL OPTIONS OFFERED**

Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

USDA is an equal opportunity provider, employer, and lender.  
Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services  
Contact: Melissa Bryant 614.747.0196